

Making More From Sheep

MODULE 4

Capable and Confident Producers



CONTENTS

Pro	cedures	Page
4.1	Know 'who does what' in the business – by working on the business and including all family members in the development of a business agreement.	2
4.2	Develop more effective communication – by recognising the communication styles of those in the business.	3
4.3	Develop a sound business purpose – based on the agreed values and goals of those in the business.	4
4.4	Build knowledge and skills in the business – by fostering a positive attitude to change and a commitment to bringing new ideas into the business.	5
4.5	Maintain a happy balance between work and family time – by creating a work–life balance that suits your business and family interests.	7
Too	ols	Page
4.1	Steps for establishing your business agreement	10
4.2	The difference between dialogue and debate	12
4.3	Understanding different communication styles	13
4.4	Developing shared values, personal and business goals	17
4.5	Your preferred learning style	20
4.6	Work-life balance exercise	23

Capable and Confident Producers

What does this module do for you?

More than 90% of farms are family owned and people have multiple roles. Tension between these roles, particularly those related to work and family, can lead to stress, poor descisions and lost potential in the people and business.

This module focuses on the people who are important to your business, whether they are family members, owners or employees, advisers or contractors. It offers practical ways to boost capacity, capability and confidence (in oneself and in others) through more effective communication, long-term planning and, ultimately, business performance.

- 'Best practice' can be hard to define where people issues are concerned, but this module can assist farm families and farm businesses who want to:
- → Be clearer about 'who is responsible for what';
- → Build more effective communication in the workplace;
- → Increase knowledge and skills within the business; and
- → Strike a better balance between work and leisure.

This module repeatedly emphasises the need for scheduled 'business meetings'. These are times set aside as part of the working day to deal with issues and assist the smooth operation of the business. This important discipline is called 'working on the business' and is often as important as the day-to-day activities known as 'working in the business'.

Know who does what in the business



Background information



This procedure clarifies the expectations, roles and responsibilities of people in the business. The procedure can be used with both family and others who work for the business.

We can choose to either work on the business or in the business. If you prefer to be out in the paddock then you may have a strong 'working-in-the-business' orientation. If you prefer to be in the office looking at the business and preparing options for the future then you are more orientated to working on the business. In a successful business, both approaches are important.

Sorting out 'who does what' is important so that people can work effectively together.

Key decisions, critical actions and benchmarks

Put things in writing

It is important to clarify roles, responsibilities and expectations in any business and, in family-run farming businesses, completing a written agreement is a useful way to clarify both work and family roles.

Use the processes in tool 4.1 to assist in preparing a written agreement for the business. Creating this agreement or statement should be the focus of a work related meeting as it will clarify responsibilities and provide the basis for monitoring progress and accountability for results.

Procedure 1.1 in *Plan for Success* will help you develop and document your business plan.

The process of developing a written agreement and the business plan itself will help you:

- → Ensure each member of the business knows his or her role and job responsibilities
- → Develop a set of clear ground rules to reduce the risk of personal conflicts when under pressure
- → Discuss and agree on expectations about key areas of the business
- → Set dates in advance for regular progress reviews

AT A GLANCE



- Develop a written agreement to include everyone involved in the business
- → Ensure a balance between working on and working in the business

→ Let everyone in the business divide their time and energy to work on the business, as well as in the business.

The aim is to reduce the potential for misunderstanding or tension and create a happier, team-oriented and more productive workplace.

Develop more effective communication



Background information



The key to every successful business is effective communication. It underpins efficient transfer of information and knowledge, the development of positive relationships and the creation of a productive work and family environment. Improving communication pathways can have positive and lasting benefits for work, family relationships and business performance.

Creating effective communication delivers benefits through the '3 Rs':

- → Relationship: good communication (both talking and listening) is the basis of all high-quality relationships, whether personal or business
- → Relevance: the message sent needs to be the message received. There are barriers if the receiver feels the information is not relevant, or not 'packaged' in a relevant way.
- → Respect: although you may not always agree with what is being said, respect for what a person is saying is important to developing dialogue. Respect is created by focusing on the issue, not the person.

Key decisions, critical actions and benchmarks

Dialogue versus debate

Dialogue is an effective communication tool to deal with controversial issues, whereas debate can quickly descend into disagreement. Tool 4.2 provides a comparison of dialogue and debate in communication. Always strive for dialogue in a best-practice approach.

Communication styles

People have different styles of communicating. Effective communicators recognise this. Get to know and understand the strengths and limitations of your communication style, and those of others within your business. Tool 4.3 will help you to do this – and it's a good fun exercise.

Once barriers or blockages are identified, take action to improve communication. Often new approaches can solve old problems. Discuss the results as a family or a business group, focusing on the positives but also identifying any limitations or challenges. Use tool 1.5 in *Plan for Success* to identify and build on the positives in your business.

Use your next business meeting (see tool 4.1) to discuss and agree on some actions you think will make communication more effective. Plan a follow-up meeting to allow the impacts of any changes to be evaluated. When ongoing tensions or conflicts exist within the business seek help from an external facilitator or trusted "outsider".

AT A GLANCE



- Determine the different communication styles of people involved with the business
- → Find new ways to improve the quality of business relationships

Important principles to improve communication

- → Be aware of the range in communication styles as it is often the way in which a message is delivered that creates a blockage or barrier.
- → Analyse yourself before trying to analyse others. Understand why difficulties arise. Be honest, logical, clear in dialogue, and if something is not working, try something new or different to reach a consensus.
- → Plan and monitor your strategies to improve communication and relationships. Be positive and proactive. When faced with a difficult situation don't follow a path of evasion, avoidance, frustration and anger.
- → Always work towards creating a winwin situation where there are gains or benefits for both sides.
- Remember we are all 'difficult people' to someone so monitor your own behaviour and make changes where necessary.

Develop a sound business purpose



Background information

The focus of this procedure is on personal and business values and goals. It links to better business planning and benchmarking procedures (see tools 1.3 and 1.9 in *Plan for Success*). Values describe the things that are important to you personally, whilst goals give you direction by naming the destination. Both have a big role in business and personal decisions, so developing them is important for both business and family.

Values are those things you deem important to you personally, and are the guidelines for how you behave; they underpin the choices and decisions you make. Goals are much less complicated and describe what an individual or business wants to achieve. A goal may be to reach a certain level of income, while your values will determine how you go about reaching that goal.

Key decisions, critical actions and benchmarks

Tool 4.4 provides you with the opportunity to shape a common sense of purpose, based on the values and goals that are important to each individual in the business.

Determining what values you have in common and what is really important to the people in the business is not something to be rushed – thought and reflection are needed to gain agreement. Allow whatever time is needed to develop a sense of trust, ownership, commitment and unity. You can then discover what people really want. To help develop a common sense of purpose:

- → Work out who needs to be involved. It is recommended that all family members have a chance to contribute to the discussion. Many businesses also involve employees in this step.
- → Start with each person working individually on their values and goals. Then share and discuss these to develop a combined 'values and goals statement' for the business.

AT A GLANCE



- Use agreed values and goals to develop a common sense of purpose within your business
- → Record and display a statement of business intent
- → Write down the agreed-upon values and goals as a statement of business intent. Display this in a prominent location.
- → Review the statement regularly. Allow values and goals to evolve over time. You will gain ownership, commitment and unity.
- → Use values and goals to shape decisions. In this way the business will remain focused on what people really want.

Using this process with family and business members will assist greatly with finding and maintaining a balance between work and family time (for more on this issue, see procedure 4.5).



Build knowledge and skills in the business



Background information



It is important to commit to identifying and implementing new ideas for your business. This involves a commitment to developing the knowledge and skills of each individual and, through them, the capability of the business to be productive and profitable.

Key decisions, critical actions and benchmarks

Developing knowledge, skills and confidence within a business requires a commitment to:

Seeking new ideas and information

People with a commitment to learning, growth and improvement are those who are most likely to be able to adapt to the changing realities of business and family life. Learning creates opportunity and this can lead to new production and business options. In general, better trained people are more confident in their decision-making and are more likely to make timely decisions that can benefit the business.

There are many ways to learn, discover new ideas and identify opportunities. Some people prefer reading articles and books, while others prefer to attend workshops and field days or to participate in discussion groups and use the internet. Identify the methods that best suit your personal learning style and situation.

Learn by doing and trying new ideas

Applying new knowledge or skills to benefit your business is not always a straightforward process. Use the stages in the 'Action Learning Cycle' (over page) to help minimise some of the risks associated with trying new ideas, and to help build confidence to successfully implement changes in your farming practices or operations.

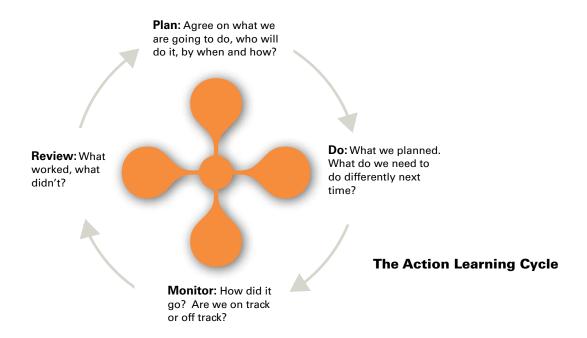
AT A GLANCE



- Commit to identifying and successfully applying new ideas for the business
- Develop knowledge, skills and confidence within the business
- Foster positive attitudes and support for change



Join a group or use trusted external advisers to develop the capability and confidence of your business members



Develop personal learning styles

Learning is a skill that develops over time and it is useful to know the strengths and challenges of each person's approach to learning. Use tool 4.5 to better understand learning preferences and to select appropriate learning experiences.

Encourage positive attitudes and support for change

There are many reasons why people are reluctant to adopt new ideas and implement change. But generally, these barriers to adoption can be attributed to either a lack of knowledge, skills and confidence or a lack of perceived benefits from the change.

When planning or implementing new ideas, use production or discussion groups to share experiences (both good and bad) in a positive environment. This support significantly contributes to successful practice change, by sharing information and reinforcing positive outcomes and attitudes.

Good ways to develop the capability and confidence of business members include:

- → Have family and employees complete the learning styles exercise (tool 4.5) to better understand everyone's learning strengths and challenges.
- → At your business meetings, plan ways to improve the capacity to learn and implement change within the business.
- → Use external information sources to assist with business decisions. This may be through a group or trusted external advisers.

- → Develop and maintain a positive attitude at all times. Build a commitment to whole-of-life learning, training and skills development.
- → Work equally hard on yourself and your business. Remember, your business can only grow as fast as you do!

Maintain a happy balance between work and family time



Background information



Farm families who live and work on the farm face a particular challenge when it comes to finding and maintaining a comfortable balance between work, family and leisure time

The different roles in life and the feeling of being pulled in multiple directions at once can build tension and create stress. This stress can harm your health, your relationships and impair your ability to make decisions. It makes sense to examine these roles and the causes of any stress and to plan to do something about it

Achieving a satisfactory work—life balance is quite a challenge, but an achievable goal. This procedure is about helping the people in your business and finding a satisfactory work—life balance to reduce stress and combat the depression that potentially results from long-term and continuous hard work.

Key decisions, critical actions and benchmarks

Guidelines for a more balanced lifestyle

Most of us have five key areas in our lives that need balancing:

- → Work: meaningful work (paid or unpaid) is fundamental to our quality of life. It is how we sustain ourselves and our families and how many of us express ourselves.
- → Family: family is fundamental to our personal happiness and to a regenerating, healthy community. The most important 'success' is accomplishment in our personal lives. Making things better for current and future generations is the way we contribute to society as a whole.
- → Self: your physical, emotional, spiritual and mental wellbeing are key factors in maintaining a healthy work—life balance. Farming men, in particular, often neglect this part of the balance.
- → Time: when stretched for time, it is our priorities and what we do (or don't do) each day that determine our quality of life.
- → Money: money is integral to almost every issue involving the relationship between work, family, self and time. Does your business have the capacity to create the income you need to live a more balanced lifestyle?

Source: Adapted from Life Matters by Roger and Rebecca Merril, 2003

AT A GLANCE



- Work towards a work-life balance that suits your business and family interests and minimises tensions between the two
- → Make your farm a safe place to live and work

Complete the exercise on work–life balance in tool 4.6 to identify what is 'going well' and to identify areas for improvement and action. Record some notes for future reference, either on your own or in conjunction with other members of your business team. The steps are:

- → Identify the areas in your work and family life that are going well, and the ones to which you would like to devote more time.
- → Determine whether the business is capable of producing the financial returns you need.
- → Identify the stresses in your life (that are under your control), and what can be done to relieve them.



A safer farm environment

Sheep and wool enterprises are largely farm family businesses. While larger farms employ full time workers, many are run with family labour, most employing shearing contractors for wool harvesting.

An important part of managing your farm is to ensure the health and safety of your employees and other people, such as customers, visitors or tradespeople who visit your workplace. In fact, the Work Health and Safety Act 2011 requires you to ensure your workplace is safe. To ensure you fulfil your obligation for a safe workplace, you need to become aware of what can cause harm and then take action to ensure no one is at risk while they are in your workplace.

The "15-minute farm safety check" (see signposts) will help you evaluate how well you are currently managing safety on your farm. Other key information sources are listed in the signposts section of this module.

The key responsibility for farm safety rests primarily with individual sheep producers, their families and workers.

Signposts



Read

Seven Habits of Highly Effective People. Stephen Covey (Simon and Schuster: UK).

Seven Habits of Highly Effective Families. Stephen Covey (Simon and Schuster: UK).

Managing as a Performing Art. Peter Vaill (Jossey-Bass: San Francisco).

Who Moved My Cheese? Spencer Johnson (Putnam and Sons: USA).

The Cashflow Quadrant Robert Kiyosaki (Techpress Inc: USA).

Life Matters Roger and Rebecca Merrill (McGraw Hill: New York).

A Guide to Succession – sustaining families and farms: includes case studies and covers 'front-end' options when people are entering a business, either through invitation or marriage, and 'back-end' options when they are leaving. Order your copy by calling:

- → AWI on 1800 070 099
- → GRDC on 1800 11 00 44

View

ABC men's health library: good health underpins many of our personal and business aspirations. This library contains articles and links to more specific websites - there is even an article titled 'How To Outlive The Missus'. Visit: http://www.abc.net.au/health/healthyliving//yourhealth/menshealth

E-myth: a web site for people interested in learning more about working on the business (WOTB) and working in the business (WITB). Visit: www.e-myth.com

Rich Dad: this site has some valuable information on the 'cashflow quadrant'. It is recommended for people interested in improving the financial performance of their business. Visit: www.richdad.com

AWI publications and information on **Shearing and OH&S Costs:** www.wool. com.au/harvest-shearng-and-OH-and-S-costs.htm

You can find a variety of **OH&S** *information* by running a search on the MLA On-line Publications database: www.mla.com.au/Publications-tools-and-events

Safe Work Australia: for OH&S standards, codes of practice and related guidelines, visit: http://www.safeworkaustralia.gov.au/

15 minute farm safety check: help to quickly check your farm for hazards and risks. It is not designed to cover all of the hazards and risks on the farm but to help you identify and control those hazards and risks that may cause an injury or death to yourself, your family, friends or employees. Visit: http://www.workcover.nsw.gov.au/formspublications/publications/Pages/wc00666_The 15 minutefarmSafetyChecklist

Farmsafe on-farm resources available to download from http://www.farmsafe.org. au/ include:

- → Hazard checklists and action plans
- → Induction forms
- → Injury register
- → Training register
- → Guidelines
- → Practical videos

AWI Shearing Shed Guidelines provides information about shed design so sheep producers and shed builders can make informed decisions about building or renovating a shed. The guidelines include information about design elements, dimensions, technology and key issues such as productivity and occupational health and safety: www.wool.com/

Local **Rural Financial Counsellors** can help you:

- → Identify financial and business options for your enterprise
- → Find private training and agricultural service providers across Australia who deliver training courses and offer advice on the incorporation of new technologies or new enterprises into farming businesses.

Find your local Rural Financial Counsellor by calling 1800 686 175 or visiting the website: www.daff.gov.au/ agriculture-food/drought/rtcs/counsellors

Australian Association of Agricultural Consultants (AAAC) — to find accredited consultants and advisers in agri-industry and allied natural resource areas that meet the Specialist Consultant Standards for entry into the AAAC Register: go to http://www.aginstitute.com.au/ and click on the Agricultural Consultants Register.

An important part of managing your farm is to ensure the health and safety of your employees and other people, such as customers, visitors or tradespeople Australian Association of Agricultural Consultants WA - search this site for consultants and advisors in WA. http://www.aaacwa.com.au

Farm Ready: gives primary producers and rural land managers access to business and natural resource management, training and education at a reduced cost. Visit the Farmbis website at: www.daff.gov.au/climatechange/australias-farming-future/farmready or call 1800 195 543 (free call within Australia).

Attend

The MLA EDGE network® program is nationally coordinated and has a range of courses for sheep producers. It offers practical learning opportunities to help producers gain knowledge and develop skills necessary to improve their livestock enterprises. Contact can be made via:

- → Phone: 1800 993 343
- → Email: edgenetwork@mla.com.au
- → Website: www.mla.com.au/ edgenetwork.







Steps for establishing your business agreement

The process below focuses on a business setting. You can apply it to a family setting by modifying it as required. Consider the following questions and use them for establishing your business agreement.

Important principles to apply when calling a business meeting

- → Appoint a leader/chair for the meeting. If you believe that the issues are difficult and the relationships already strained, you might benefit from engaging an external facilitator who can be impartial in giving everyone a say.
- → Decide who needs to be involved, and consult with others on the value of having a written agreement.
- → Choose a convenient time, place and date for a meeting. Sometimes this may be away from the home environment.
- → Send out an agenda so that people can prepare beforehand. Don't take on too much for the time you have allocated.
- → Set a start and finish time, and appoint someone to keep notes.
- → Each person's views are important, so let everyone have a say.
- → Work on the areas of agreement first, before focusing on any differences.
- → Summarise agreements and actions and close the meeting on time.
- → After the meeting, ask for feedback and how you can do things better next time.
- → Make sure notes are distributed. Set at least two future dates to review what has been agreed on and to get into a regular pattern of business meetings.
- → Discussion will be required to reach consensus. Write down your agreed group position.

Often farming businesses find that a series of meetings over a short period of time is the best way to complete their agreement. In some of the steps below, it will be necessary to refer to, or perhaps develop, some clear objectives for the business – refer to tool 1.2 in *Plan for Success*.

Step 1. Roles and responsibilities: who is doing what?

- → Describe an ideal week
- → What will each person be doing?
- → Is this the best use of people's skills, or is modification needed?
- → How will they make decisions? Who is responsible for what?
- → Agree on specific ways of handling common situations that arise (eg, heavy work periods such as shearing). Write these down.
- → Who has overall responsibility for business performance?

Step 2. List the situations where conflict could occur

- → What must you do to reduce the risk?
- → What recovery actions can you take after conflict?

Step 3. What do people expect?

Each person can make a list of what they expect while they are working in the business.

Below are some common sources of tension in sheep businesses. You may like to discuss these (adapting as required) and agree on:

- → Work hours (and flexibility)
- → Work days/week
- → Amount/timing of holidays through the year
- → Remuneration levels¹
- → Vehicles (type and amount of personal use)
- → Housing (including power and phone usage)
- → Education for children
- → Recognition/feedback
- → Input into decision making

Source: Adapted from Working in Groups Manual, MLA, 1995

1 Visit www.fairwork.gov.au or call the Fairwork Infoline 13 13 94 to review pay and conditions for your enterprise.





The difference between dialogue and debate

Dialogue is collaborative: two or more sides work together toward common understanding. Debate is oppositional: two sides oppose each other and attempt to prove each other wrong.

In dialogue, finding common ground is the goal.

In debate, winning is the goal.

In dialogue, one listens to the other side(s) to understand, find meaning, and seek agreement.

In debate, one listens to the other side in order to find flaws and to counter their arguments.

Dialogue enlarges, and possibly changes, a participant's point of view.

Debate affirms a participant's own point of view.

Dialogue reveals assumptions for re-evaluation.

Debate defends assumptions as truth.

Dialogue causes questioning of one's own position.

Debate causes critique of the other position.

Dialogue opens the possibility of reaching a better solution than any of the original solutions.

Debate defends one's own position as the best solution and excludes other solutions.

Dialogue creates an open-minded attitude: an openness to being wrong and an openness for change.

Debate creates a closed-minded attitude, a determination to be right, and to win.

In dialogue, one submits one's best thinking, knowing that other people's reflections will help improve it rather than destroy it.

In debate, one submits one's best thinking and defends it against challenge to show that it is right.

Dialogue calls for temporarily suspending one's beliefs.

Debate calls for investing wholeheartedly in one's beliefs.

In dialogue, one searches for basic agreements.

In debate, one searches for glaring differences.

In dialogue, one searches for strengths in the other position.

In debate, one searches for flaws and weaknesses in the other position.

Dialogue involves a real concern for the other person and tries to avoid alienating or offending him or her.

Debate involves countering the other position without focusing on feelings or relationship and often belittles the other person.

Dialogue assumes that many people have pieces of the answer and that together they can put them into a workable solution.

Debate assumes that there is a right answer and that someone has it.

Dialogue remains open-ended.

Debate implies a conclusion.

(Source: Anon)



Understanding different communication styles

People have a number of different ways of behaving and responding, depending on the situation. When communication is difficult, it can be helpful to take an approach that suits other people's styles and habits.

Whatever their behavioural style, people can be skilled at getting a job done and getting along with others. Once people are aware of the areas needing improvement, they can develop new skills to increase the flexibility of their behavioural range and enhance the quality of their relationships.

The process

Have all members of the business (or family) complete the exercise. Often, using an external consultant or other trusted person as a discussion leader or facilitator can help ensure the experience is a positive one for everyone.

- 1 Complete the behavioural questionnaire by ticking those statements that apply to you. There are no right or wrong responses this exercise simply provides insights into your preferred communication style.
- **2** Add up the number of ticks in each of the four boxes, taking note of the positions of your highest and lowest results.
- **3** Go to the interpretation table.

Step 1: Look for the box which corresponds with your highest score, eg, if your highest score from the questionnaire was in the top right, then go to the top right box, which is called "Direct".

Read the statements. The higher your total score, the more you may find the statements describe you.

Step 2: Repeat the process for your next highest score, and so on. Your lowest scoring box will provide you with a profile of your least preferred style.

Step 3: If you are completing this exercise in a business, you may like to discuss people's individual results, and what they have learned about themselves – when are they are at their best and what are their needs and stress points (fears)?

- **4** You can repeat the process by looking at the list below 'Hints on Communicating'. This will give you a good insight to your own preferred communication approach. Importantly, if you are completing the process with other business (or family) members, this step is a great way to understand each other's preferred style. It will also help explain situations where communication blockages can occur and perhaps provide some ideas for change.
- **5** Be aware of your own strengths and any areas where development may be required. Understanding your own preferences, and then those around you, can provide the opportunity to improve communication within the business or family.



Behavioural Style Questionnaire

Tick each statement that you believe is a fair representation of yourself in your role in the family OR business.

	V
Gives priority to detail and organisation	Gives priority to achieving results
Sets exacting standards	Seeks challenges
Approaches tasks and people with steadiness	Approaches tasks and people with clear goals
Enjoys research and analysis	Is willing to confront
Prefers operating within guidelines	
Completes tasks thoroughly	Makes decisions easily
Focuses attention on immediate task	Is keen to progress
Likes accuracy	Feels a sense of urgency
Makes decisions on thorough basis	Acts with authority
Values standard procedures highly	Likes to take the lead
Approaches work systematically	Enjoys solving problems
Likes to plan for change	Questions the status quo
Total:	Takes action to bring about change
Gives priority to supporting others Enjoys assisting others	Gives priority to creating a friendly environment
Approaches people and tasks with quiet and caution	Likes an informal style
Has difficulty saying no	Approaches people and tasks with energy
Values co-operation over competition	Emphasises enjoying oneself
Eager to get on with others	Rates creativity highly
Willing to show loyalty	Prefers broad approach to details
Calms excited people	Likes participating in groups
Listens well/attentively	Creates a motivational environment
Prefers others to take the lead	Acts on impulse
	Willing to express feelings
Gives priority to secure relationships and arrangements	Enjoys discussing possibilities
Prefers steady not sudden change	Keen to promote change
Total :	Total :

Conscientious

Behaviours

Reserved

Approaches work systematically

Pays attention to details

Focuses attention on immediate task

Prefers to stick to established guidelines

and practices

Likes to plan for change

Needs

High standards

Appreciation

Quality work

Fears

Criticism of work

Imperfection

Not having things adequately explained

Direct

Behaviours

Outgoing

Challenges status quo

Keen to get things done

Resists authority

Likes to take the lead

Takes action to bring about change

Needs

Results

Recognition

Challenges

Fears

Challenges to their authority Lack of results from others

Stabilising

Behaviours

Reserved

Works well in a team

Accommodates others

Maintains status quo

Recovers slowly from hurt Prefers steady rather than

sudden change

Needs

Security

Acceptance

Teamwork

Fears

Isolation

Standing out as better or worse

Unplanned challenges

Influencing

Behaviours

Outgoing

Leads by enthusing others

Prefers a global approach Steers away from details

Acts on impulse

Keen to promote change

Needs

Change acknowledgement

New trends and ideas

Fears

Disapproval

Stagnation

Detailed work

Introverted

Extroverted

15

Hints on communicating with different styles

Conscientious Direct They come to the point, in short, sharp They speak thoughtfully, precisely with pauses for thinking Don't interrupt. They think and respond fast and have an

Use: It's logical, reasonable, clear, precise, balanced... guarantee...specifically... judgement...critical...exactly... factual...qualified...professional.. just...well thought out... planned detailed... quality...discerning

Don't use: creative...risky...daring...generally... colourful...make it up ...chaotic ...experimental... fun...innovative...popular

impatient style.

Don't bother with niceties, or tell them long stories.

Use: Yes...OK...now...I'll do this, will that be OK? true... solid...effective...bottom line... ball park figure...asap...we'll get right onto it...deadline...be first...leading ...initiate...get cracking...I'll handle it...can do!

Don't use: I'll look into it...we'll have to discuss it...you must understand ...I'll let you know...this needs a consensus decision... you'll have to be patient

Stabilising Influencing

Generally quietly spoken, a little shy but friendly, approachable.

Give them space, don't interrupt.

Use: How do you feel about it?...it would be helpful...I need...I'd be grateful if...would you mind assisting us...it's fair to all...safe...gentle... quiet...modest... faithful...considerate...most people

Don't use: Do this...Next!... Now!...that's emotional rubbish...you could be the first person to...

Bubbly speakers, friendly, informal, they use creative language.

You can talk over them and they'll join in. Don't be critical. They're optimists.

Use: positive...bright idea ...innovative... fresh...easy...

how do you see it? here are your choices... that's easy...big picture...the latest...it'll be fun ...enjoy it!

Don't use: No way! show me your figures ...tried and true...traditional...it's always been like that...I'm only doing my job

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Developing shared values, personal and business goals

This tool provides each business with the opportunity to develop a list of shared values and a common sense of purpose. Wherever possible, all members of the business (or family) should complete the exercise. Consider asking an external facilitator or trusted adviser to facilitate this exercise to ensure it is a positive and rewarding experience for those involved.

Process

- 1 Initially working alone, ask each member of the business to tick the values which are of utmost importance to them about the business (exercise 1 next page). You may like to repeat this step for a family setting.
- 2 After everyone has completed the exercise alone, share the list of values selected by each individual. Do this by allowing each person the chance to name one value, and to discuss why they chose it, before moving to the next person, who names and discusses one value. Complete this step until all people have named and discussed their values list.
- **3** Once this is complete, decide on 5–6 values in common from the discussions and write them down, with a short sentence that provides some detail.
- **4** The process can be repeated to develop personal (exercise 2) and business visions (exercise 3). It is important that each person completes the exercise individually and then has an opportunity for input into the group discussion.



Exercise 1. Values list

Mar	k 12 values on this list that y	ou b	elieve are of most importance to	you:	
\bigcirc	Affection (love & caring)	\bigcirc	Achievement		Democracy
\bigcirc	Community	\bigcirc	Adventure	\bigcirc	Effectiveness
$\tilde{\bigcirc}$	Close relationships	\bigcup	Change and variety	\bigcirc	Honesty
$\tilde{\bigcirc}$	Creativity	\bigcup	Challenging problems	\bigcup	Influencing others
\bigcirc	Friendship	\bigcup	Cooperation	\bigcirc	Inner harmony
Ŏ	Growth	Ŏ	Competence	Ŏ	Integrity
Ŏ	Having a family		Decisiveness	\bigcirc	Ethical practice
Ŏ	Helping other people		Efficiency		Leadership
Ŏ	Involvement	Ō	Competition	Ŏ	Personal development (living to the fullest of my potential)
\bigcirc	Meaningful work	\bigcirc	Excellence	\bigcirc	Being around people who are open & honest
	Quality relationships		Expertise		Physical change
	Self respect		Fast-paced work		Reputation
	Stability		Independence		Supervising others
	Intellectual status		Loyalty		Arts
\bigcirc	Quality of what I take part in		Recognition (respect from others, status)		Country
	Work with others		Truth		Fast living
	Status		Job tranquillity		Location
	Ecological awareness		Freedom		Nature
	Excitement		Economic security		Pleasure
	Financial gain		Fame		Responsibility and accountability
	Market position		Knowledge		Public service
	Money		Advancement & promotion		Serenity
	Power and authority		Order (tranquillity, stability & conformity)		Financial gain
	Merit		Religion		Work under pressure
Ŏ	Purity	Ó	Privacy		
Ŏ	Sophistication	Ŏ	Security		
Ŏ	Wealth	Ŏ	Time		
Ŏ	Working alone	Ŏ	Wisdom		

(**Source:** The Fifth Discipline Fieldbook: Strategies and Tools for Building a Learning Organisation. Senge, P. et.al 1994. Nicholas Brealey Publishing)

	at business do you need to be in to achieve your shared vision for the business?
If u	ve continue doing what we are doing, will this help us achieve our vision?
ur	scribe what you are in the business of producing – your core business. Have a look at your rent core business and ask yourself the following question:
	ercise 3. Your core business
⁄ οι	r shared vision for the business:
′οι	r personal vision:
nea	e a moment to consider your personal vision. You can write it in words or draw what it ans to you. Once you have done this, work with others from your farm business to discuss at is important to each of you and determine a shared vision for the business.
	ision should contain more about the environment you wish to work in and the manner in ch you would choose to live. A vision describes why you are 'playing the game'.
ou	ercise 2. Your vision It vision describes what you ultimately want to achieve. It should be closely aligned with your values and will reflect what you ultimately want to achieve in life. It describes the future that you would like your business and life to look like.
;	
3	





Your preferred learning style

This questionnaire may help you pinpoint your learning preferences so that you are in a better position to select learning experiences that suit your personal style.

- → There are no right or wrong answers
- → Read each box and if you agree with the statement more than you disagree, put a tick in that box
- → At the end of each page, add up the number of ticks in each column

A =	R =	T =	P =
I actively seek out new experiences	It worries me if I have to rush something to meet a deadline	I find it difficult to produce ideas on impulse	I can often see better, more practical ways to get things done
I tend to be open about how I am feeling	In discussions, I enjoy watching the manoeuvrings of the other participants	Flippant people who don't take things seriously enough usually irritate me	In groups, I tend to put forward practical, realistic ideas
I enjoy the drama and excitement of a crisis situation	I listen to other people's points of view before putting my own forward	I tend to have distant, formal relations with people in my area	I tend to judge people's ideas on their practical merits
I thrive on the challenge of tackling something new and different	I like to reach a decision carefully after weighing up many alternatives	I like to relate what I do to a general principle in use	In discussions, I like to get straight to the point
I'm attracted more to new, unusual ideas rather than practical ones	I think that decisions based on thorough study of all the information are sounder than those based on intuition	I don't like disorganised things and prefer to fit things into a coherent pattern	I accept and stick to laid down procedures and plans so long as I regard them as an efficient way of getting the job done
I prefer to respond to events on a spontaneous, flexible basis rather than plan things out in advance	I prefer to have as many sources of information as possible; the more information to think over the better	I get on best with logical, analytical people and less well with spontaneous "irrational" people	What matters most is that something works in practice
I often find that actions based on feelings are as sound as those based on careful thought and analysis	I take care over the interpretation of research available to me and avoid jumping to conclusions	I am keen on self-discipline like sticking to a fixed routine, watching what I eat, being planned and systematic	When I hear about a new idea or approach, I immediately start working out how to apply it in practice
I often act without considering the possible consequences	I like the sort of work where I have time for proper preparation	I have strong beliefs about what is right and wrong and good and bad	I have a reputation for saying what I think, simply and directly

A =	R =	T =	P =	
methodical, detailed work	find out what people think	ambiguous topics	insensitive to their feelings	
who puts life into the party I quickly get bored with	listening rather than the talking I'm always interested to	I tend to be a perfectionist I steer clear of subjective or	effective to get things done People often find me	
I'm usually one of the people	On balance, I do the		I do whatever is the quickest and most	
When things go wrong, I am happy to shrug it off and "put it down to experience"	It's best to think carefully before taking action	I like to be able to relate current actions to a longer- term, bigger picture	I don't mind hurting people's feelings so long as the job gets done	
On balance, I talk more than I listen	In discussions, I am more likely to adopt a low profile than to take the lead	In discussions with people, I often find I am the most dispassionate and objective	Most times, I believe the end justifies the means	
More often than not, rules are there to be broken	I like to ponder many alternatives before making up my mind	I am keen to reach answers via a logical approach	I am keen to try things out to see if they work in practice	
In discussions, I tend to produce lots of ideas, spontaneously	I tend to discuss specific things with people rather than engaging in social discussion	I believe that rational, logical thinking should win the day	In discussions, I often find that I am the realist, keeping people on track and avoiding wild speculation	
It is more important to enjoy the present moment than to think about the past or the future	I prefer to stand back from a situation and consider all the perspectives	I can often see inconsistencies and weaknesses in other people's arguments	In discussions, I get impatient with irrelevancies and digressions	
Quiet, thoughtful people tend to make me feel uneasy	I pay meticulous attention to detail before coming to conclusions	I tend to be tough on people who find it difficult to adopt a logical approach	I like people who approach things realistically rather than theoretically	

To pinpoint your preferred learning style, add the number of 'ticks' in each column and place the number at the bottom of the column in each of the two previous tables. Add the respective column scores together and record your scores in the following table.

A (Activist) Do	R (Reflector) Review	T (Theorist) Generalise	P (Pragmatist) Plan

This table profiles your own individual learning approach, the higher the score for each of the four styles the more you prefer to learn this way, and vice versa.

Learning styles - general descriptions

Each learning style adds to the ability to solve problems in a different way as described below.

Activists - act

Activists involve themselves fully and without bias in new experiences. They enjoy the here and now and are happy to be dominated by immediate experiences. They are open-minded, not sceptical, and this tends to make them enthusiastic about anything new. Their philosophy is "I'll try anything once". They dash in where angels fear to tread. They tend to throw caution to the wind. Their days are filled with activity. They revel in short-term crisis firefighting. They tackle problems by brainstorming. As soon as the excitement from one activity has died down they are busy looking for the next. They tend to thrive on the challenge of new experiences but are bored with implementation and longer-term consolidation. They are gregarious people, constantly involving themselves with others, but in doing so, they hog the limelight. They are the life and soul of the party, and seek to centre all activities around themselves.

Reflectors - reflect

Reflectors like to stand back to ponder experiences and observe them from many different perspectives. They collect data, both first-hand and from others, and prefer to chew it over thoroughly before coming to any conclusion. The thorough collection and analysis of data about experiences and events is what counts so they tend to postpone reaching definitive conclusions for as long as possible. Their philosophy is to be cautious; to leave no stone unturned. "Look before you leap", "sleep on it". They are thoughtful people, who like to consider all possible angles and implications before making a move. They prefer to take a back seat in meetings and discussions. They enjoy observing other people in action. They tend to adopt a low profile and have a slightly distant, tolerant unruffled air about them. When they act it is part of a big picture which includes the past as well as the present and others' observations as well as their own.

Theorists - generalise

Theorists adapt and integrate observations into complex but logically sound theories. They think problems through in a vertical, step-by-step, logical way. They assimilate disparate factors into coherent theories. They tend to be perfectionists and won't rest easy until things are tidy and fit into their rational scheme. They like to analyse and synthesise. Their philosophy prizes rationality and logic. "If it's logical it's good". Questions they frequently ask are: "Does it make sense?"; "How does this fit with that?"; and "What are the basic assumptions?" They tend to be detached, analytical and dedicated to rational objectivity rather than anything subjective or ambiguous. Their approach to problems is consistently logical. This is their "mental set" and they rigidly reject anything that doesn't fit with it. They prefer to maximise certainty and feel uncomfortable with subjective judgements, lateral thinking and anything flippant.

Pragmatists — plan

Pragmatists are keen on trying out ideas, theories and techniques to see if they work in practice. They positively search out new ideas and take the first opportunity to experiment with applications. They are the sort of people who return from management courses brimming with new ideas that they want to try out in practice. They like to get on with things and act quickly and confidently on ideas that attract them. They don't like beating around the bush and tend to be impatient with ruminating and open-ended discussions. They are essentially practical, down-to-earth people who like making practical decisions and solving problems. They respond to problems and opportunities "as a challenge". Their philosophies are "There is always a better way", and "If it works, it's good".

Key	questions	to	improve	your	business
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What different learning styles do you have in your business?

How can you best use people's learning styles?

Adapted from: On Track Coaching Manual for Farm Families Working with People (2005)



Tool 4.6

Work-life balance exercise

The things that matter	What's going well	What's not going quite so well	Comments
Work	•	•	
	•	•	
	•	•	
Family	•	•	
	•	•	
	•	•	
You	•	•	
	•	•	
	•	•	
Time	•	•	
	•	•	
	•	•	
Money	•	•	
	•	•	
	•	•	

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